

MVN Chair: **Emily Ahmed**



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Emily Ahmed is the Service User Chair of the RCM Maternity Voices network. A recent maternity service user with lived experience of disability, she is passionate about creativity, inclusion, diversity, co-production and promoting ways for communities and service users to be equally involved in healthcare, service improvement and research.

Emily has 25 years of experience working within the NHS, Local Authority, voluntary, charity and social enterprise sectors. Specialising in public engagement, community development and research. She became involved with maternity services in 2011 as one of the Lay Auditors for the London Supervising Authority and a member of her local Maternity Voice Partnership. In 2018 she led the patient and public engagement for the North Central London (NCL) Better Births early adopter during which she piloted innovative ways to include the voices of seldom heard women and families. Her work has supported the development of Maternity Voice Partnerships across NCL and the founding of the Maternity Voices Matter peer-researchers group. In 2019 led a co-produced research project exploring the maternity experiences of Black and Minority Ethnic migrant women and families. She currently works as a freelance consultant on a variety on health and maternity research projects.