



Promoting · Supporting · Influencing

RCM Scotland's Perinatal Mental Health (PMH) Forum

The RCM Scotland team is based in Frederick Street in Edinburgh. Our professional policy work relating to Perinatal Mental Health (PMH) is lead by Emma Curren, National Officer.

We are wishing to set up a new Forum for a group of up to 25 midwives in Scotland who have as specific interest in PMH.

The aims and purpose of the forum are:

1. To provide an informal leadership development opportunity for midwives in Scotland, enabling them to build a peer support and sharing network and have exposure, learning and update on national and RCM work surrounding the future of PMH services for women and families.
2. To provide the RCM Scotland team with a reference group to inform and share new resources and planning member engagement approaches.

This is an opportunity for midwives to join the forum for a fixed two year period, with a commitment to attend for three one day meetings each year. The first meeting is planned for 27th September 2018 and the next 2 subsequent meetings will be held on 5th December 2018 and 7th February 2019. The RCM will pay for reasonable travel expenses and will pay for overnight accommodation in Edinburgh for members who would need to travel for more than two hours to attend.

Each meeting will be from 10am – 4pm. The first day will be an introductory meeting enabling the members to get to know each other and the Emma, who will be facilitating the forum. The forum will then devise their own key agenda items that they would like to explore over the following five day meetings.

If you think you would like to join PMH forum you will need to be a current full member of the Royal College of Midwives and to complete the application form and return it to angela.boyle@rcm.org.uk by 31st August 2018.

The applications will be assessed and the successful applicants will be contacted by 10th September 2018. Please save the dates of the PMH Forum meetings in advance so that successful applicants will be able to attend the first meeting on 27th September 2018.